

JULY 2026

THE POISON PREVENTION SCRIPT

Poison Prevention is for Everyone, Even Pets!

Pets are curious--sometimes a little too curious! They may often go sniffing around and get into things that can be dangerous for them resulting in a poisoning.

There are several different things that are commonly found in the home such a medications, human foods, household cleaners, pesticides, and plants, which can be hazardous for our furry friends. In this month's newsletter we are discussing pet safety and giving safety tips to keep pets safe.



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ARIZONA
Poison and Drug
Information Center



Poison Prevention is for Everyone, Even Pets!

When thinking about poison prevention and practicing safety habits for prevention this should also include precautions taken to keep pets safe inside and around the home. Keep the following tips in mind to keep your pet safe and help prevent a poisoning from happening.

- **Keep all medications, household products, and chemicals stored UP, LOCKED, and AWAY.** If possible, avoid storing these types of products in lower cabinets which can be easily accessible. Instead, store these items in cabinets above counters. If you have to store items in lower cabinets, use cabinets locks to prevent pets from getting into these areas.
- **Keep houseplants out of reach.** Instead of placing plants on coffee tables and low shelving, place them on high shelves or hang them away from the reach of pets.
- **Become familiar with plants that are toxic to pets.** For example, lilies and sago palm are known to be highly toxic to pets. If possible, avoid having plants that are toxic to pets in and around your home.
- **Avoid sharing human foods with pets.** There are several foods and ingredients that are highly toxic to pets. For example, chocolate, onions, garlic, grapes/raisins, and alcohol are some foods that are toxic to pets and commonly found in homes. Avoid sharing these with pets and store items away from reach.
- **Monitor pets while outdoors** to ensure they do not consume plants or play with wild animals. Before letting pets outdoors conduct a check of your yard to ensure animals like rattlesnakes, Gila monsters, or Sonoran desert toads are not present.
- **Be prepared in case of an emergency.** Known the number to your vet and Pet Poison Control. Please note, the pet poison helpline is separate from our center and does charge a fee. You may give us a call and we may be able to help. Otherwise, our specialists would refer you to your vet or the pet poison control line. There are two helplines for pets: ASPCA (888-426-4435) and Pet Poison Helpline (855-764-7661).

For more information:



Scan the QR code or visit [ASPCA](https://www.aspcapetpoisonhelpline.com) or [petpoisonhelpline.com](https://www.petpoisonhelpline.com) for more information.



World Cup Watch Party Safety

The World Cup final game is just around the corner! If you are planning a watch party or hosting family/friends to watch the game, keep these safety tips in mind to ensure a fun gathering:

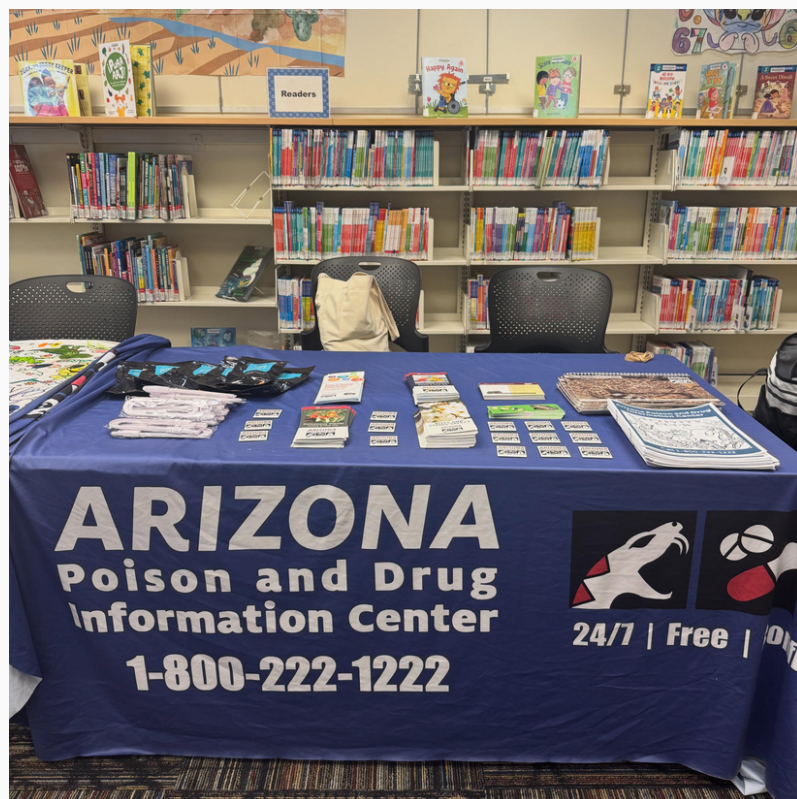
- Keep all foods at correct temperatures. Keep cold foods cold, and hot foods hot.
- Discard food that has been sitting out at room temperature for over two hours.
- Avoid sharing party food with pets. Food that we eat is not always safe for our pets.
- Keep all alcoholic, nicotine, and cannabis products away from pets and children.
- Have guests store their bags/purses away from the reach of children and pets.



In the Community: Library Outreach and Poison Prevention

Last month, our educator Heather, hosted a table during family storytime at Pima County Public Library. During this time Heather was able to talk to families about poison prevention, and distribute materials and safety tools such as cabinet locks and Detera bags.

Over the last year our center has conducted several outreach activities at public libraries across the state. Public libraries are a great source of information and a great way to reach people to provide information about Poison Control. We have hosted tables, provided presentations on various topics and read books to children about safety.



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Staff Spotlight: Raman Kaur, PharmD, CSPI



Raman Kaur, PharmD, CSPI is a Certified Specialist in Poison Information (CSPI) at the Arizona Poison & Drug Information Center. She completed her PharmD at the University of Arizona College of Pharmacy in 2023. During pharmacy school, Raman worked at the Arizona Poison Center as a student intern. Upon graduation, she transitioned to a specialist in poison information. This is her sixth year working at the center.

Raman's favorite part of working at the poison center is being able to help people from all walks of life and from all across the state. She finds it rewarding that most calls from the public can be managed at home; especially when these calls are coming from parts of the state that don't have access to health care readily available.