

The Arizona Poison and Drug Information Center's toll free line is always open.

Call us if:

- You think someone has been poisoned.
- You have questions about any type of poison.
- You want information about poison prevention.

HOW TO GET HELP FAST



Call right away! Don't wait for the person to look or feel sick.



Dial 1 800 222 1222: **A poison expert immediately replies to your call**



What happened and when?



What was the poison?

- Bring the container to the phone to read the label.
- Or describe the animal or plant.



How much of the poison was involved?



What is the person's:

- Age?
- Weight?
- Other health problems?



How are they feeling now?



Listen to the advice and help from our experts.

POISON PREVENTION TIPS

Storing Safely

- Lock up poisonous products and medicines out of reach and out of sight.
- Put the product back immediately after use.
- Keep in original containers.
- Use child-resistant caps, but remember- nothing in child proof!

USING SAFELY

- Read the label and follow directions carefully.
- Do not mix household cleaning products together.
- Never call medicine candy.
- Teach children to ask an adult before tasting anything.

FIRST AID FOR POISONING

Is the person unconscious or not breathing?
Start CPR and call 911.

Always call the Poison Center right away at:
Call 1-800-222-1222

Swallowed Poison?

Do not make the person vomit or give anything by mouth.

Inhaled Poison?

Get to fresh air right away.

Poison in the eyes?

Rinse eyes with running water for 15 minutes.
Don't force the eyelids open.

Poison on the skin?

Remove any clothing that the poison touched. Run tap water over the skin for 15 minutes.

Bite or sting by a poisonous creature?

Call us for help immediately.

WHAT IS A POISON?

Anything in the right amount that might be harmful if you taste, breathe or touch it.

COMMON HOUSEHOLD POISONS

Household cleaners: detergents, bleaches, furniture polish



Medicines: over the counter pain relievers and cough and cold remedies, vitamins, and prescription medicines

Personal care products and cosmetics:

make up, lotions, perfumes, nail products, mouthwash



Outdoor Products:

pesticides, gasoline, paint thinner, anti-freeze

Plants: Know which ones are dangerous and remove if there are pets and children around

Bites and stings:

insects, scorpions, spiders, and snakes.



1-800-222-1222



Call the Poison Center 24 hours a day for:

- Treatment for poisoning
- Bites and stings
- Poisonous plants
- Food poisoning
- Pesticide information
- Poisonings of animals
- Workplace exposures
- Foreign drug identification
- Hazardous materials disposal
- Information on poison prevention
- Reactions to drugs and chemicals
- Information on drugs in breast milk
- Educational programs for organizations

When You Call



The phone will be answered

- by a caring pharmacist who is a poison information expert
- 24 hours a day, every day of the year
- with your privacy protected

FOR MORE INFORMATION...on what to do for a poisoning, bite or sting, or tips on poison proofing your home

- **Call 1-800-222-1222**
- Or check our website:
www.pharmacy.arizona.edu



About the Poison Center

- Founded in 1952 by UA College of Pharmacy Professor Albert L. Picchioni, Ph.D.
- The Center is administered by the UA College of Pharmacy
- Our mission is to provide:
 - relevant advice about poison and medication related emergency treatment
 - referral assistance and complete information on poisons and toxins
 - poison prevention and safe use of medications

Design by: Travis Blazo, blazo@pharmacy.arizona.edu
Photos courtesy of: Richard Wagner, M.D., Ph.D., and Dennis Caldwell

THE UNIVERSITY OF
ARIZONA
COLLEGE OF PHARMACY

Arizona Poison & Drug Information Center



Household Poisons Safety & First Aid



A Center of Excellence at
THE UNIVERSITY OF ARIZONA
College of Pharmacy